

## Acupuncture in Cancer Treatment

Recent study results has showed that acupuncture, when compared to drug therapy, has a longer-lasting effect on the reduction of hot flashes and night sweats for women receiving hormone therapy for breast cancer treatment. Women also report that acupuncture improves their energy and clarity of thought.

Acupuncture is a powerful tool for general pain control is widely known. . Less known is its success use in some cancer-related pain and in reducing narcotic use and thereby minimizing the side effects confusion, disturbed mentation, behavioral changes, nausea and severe constipation.

Acupuncture is done by putting fine, sterile needles in a variety of trigger points, depends on where the blockages are and found by the pulse and tounge exam. This will eventually lead to whole body energetic balance. In the acupuncture theory, any chronic disease process including pain will deplete the energy level in the organism and affect the whole body. Such depletion can be ameliorated, at least temporarily, by tonify the meridians or open the blockages, a process of imparting energy into the system. This is important for more durable, chronic pain control like fibromyalgia. It can also add to the patients' sense of well being and decrease the malaise associated with any chronic disease, especially cancer.

Energetic acupuncture recover energy level to the organism as a whole, reestablishes homeostasis by re-balancing energy distribution and un-blocking energy flow. This systems approach to deal with system wide patho-physiology can be complemented by distinct meridian acupuncture, which directs healing energy to specific organ pathology and is a routine approach in treating diseased organs such as liver, pancreas kidney, including those ravaged by cancers.

While the degree of beneficial results from acupuncture treatment is dependent on various clinical factors such as presenting symptoms, clinical staging, timing of the encounter in the course of the illness, areas of involvement, the answer to the opening question "can acupuncture help me?" is, in all probability, that it can help in the care of the cancer patient.

